

webinar

📅 6th of June, 10:00 – 11:15 CEST

How to bring health and sustainability together in food system research?

Context

This webinar aims to explore the intersection between health and sustainability within current food systems research. Often, research efforts primarily focus on one aspect like sustainability, while the health aspect is overlooked. For instance, products marketed as environmentally friendly (e.g. meat substitutes) may not always align with health recommendations. Thus, it remains a challenge to effectively balance sustainability and health considerations in food system research.

During this webinar, experts will shed light on exemplary initiatives that successfully integrate health and sustainability. Fabrice DeClerck (EAT Lancet) will present the EAT Lancet Planetary Health Diet as a prime example of research that has achieved this integration. Additionally, Pieter van 't Veer (Wageningen University), will address the challenges that hinder the integration of health and sustainability into food system research practices.

Through an interactive discussion, participants will collaboratively identify challenges and explore strategies to overcome them, thereby ensuring that future research efforts unite health and sustainability dimensions. Outcomes of this webinar will serve as a resource for the FutureFoods Partnership, and other initiatives committed to synergize health and sustainability into food systems research.

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Agenda

10:00 | Welcome and introduction

- **Laura Fernández Celemin,**
Director General at EUFIC

Brief overview of the topic and its linkages with the Partnership Sustainable Food Systems Strategic Research and Innovation Agenda.

10:10 | Presentations by experts

- **Presentation by Fabrice DeClerck,**
Chief Science Officer at EAT Lancet Commission on Food, Planet and Health
- **Presentation by Pieter van 't Veer,**
Professor in Nutrition, Public Health and Sustainability at Wageningen University

10:40 | Q&A session

11:10 | Wrap up and conclusion